



Emmett Technique Practitioner Training

Northallerton Osteopaths, Hale House

62 Thirsk Road, Northallerton, North Yorkshire, DL6 1PL

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www.emmett-uk.co.uk

Times: 9.30am to 5.30pm each day

Venue: Hale House (our room is the Studio Space)

62 Thirsk Road, Northallerton, North Yorkshire, DL6 1PL



Provided: Morning and afternoon tea.

Wear: Wear comfortable loose clothing. Releases are demonstrated on skin, so ladies may wish to wear a strappy top if you'd rather not be just in underwear. You will be draped with your towels for modesty.

Bring: Towels or fabric for draping and a bolster for knee and ankle support. Massage table if you can.

Bringing your own lunch would be best but you can drive a short way to find food. No fridge available but there is a microwave for reheating food.

Parking & Transport:

There is limited parking at the site, but you may park in Thirsk Road, Broomfield Avenue, or at the County Hall on Racecourse Road, DL7 8AD.

The Northallerton train station is approximately an 8-minute walk.